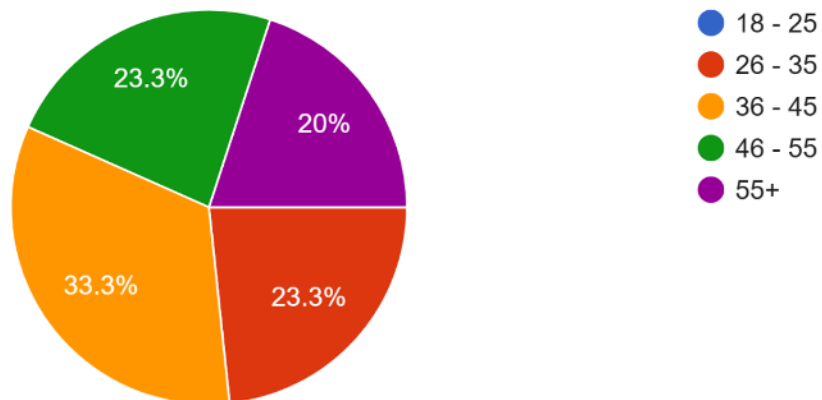


# Survey Results: The Hidden Burden of Adult Eczema

Conducted from Feb - Jun 2026 by [Skinshare.sg](https://www.skinshare.sg)

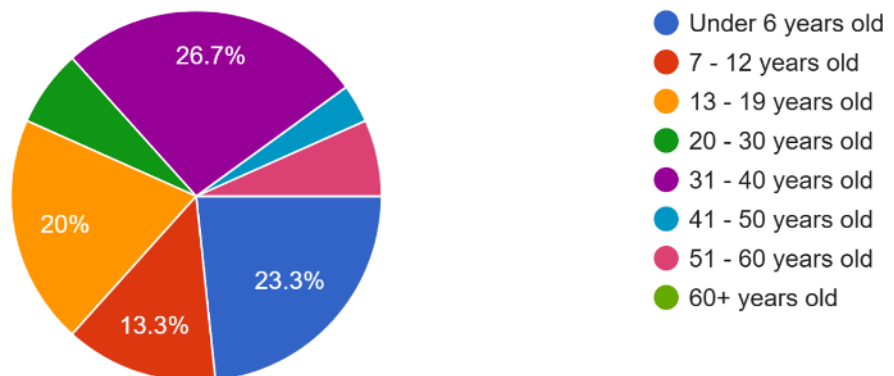
## What's your current age

30 responses



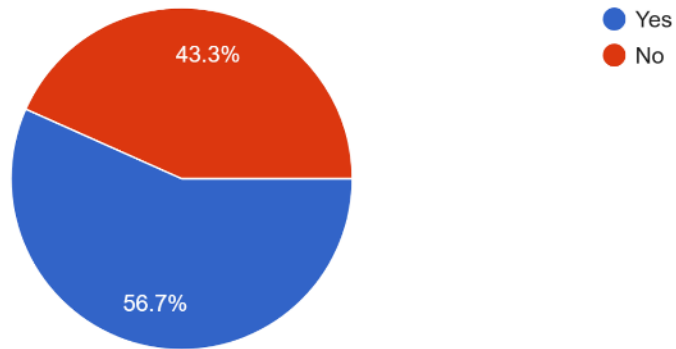
## At what age did your eczema symptoms first appear?

30 responses



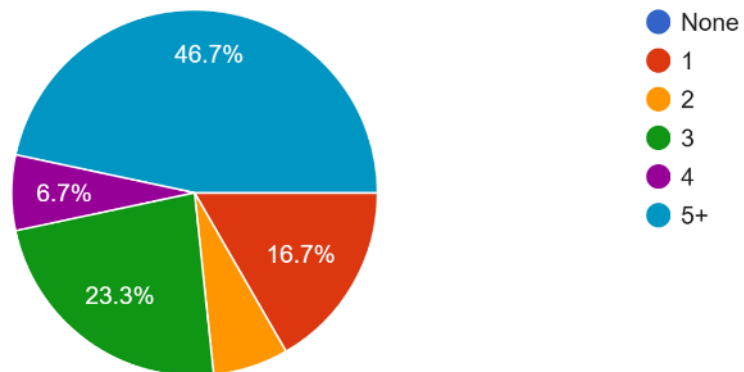
Before your diagnosis, did you believe that eczema was a "childhood condition" that people outgrew?

30 responses



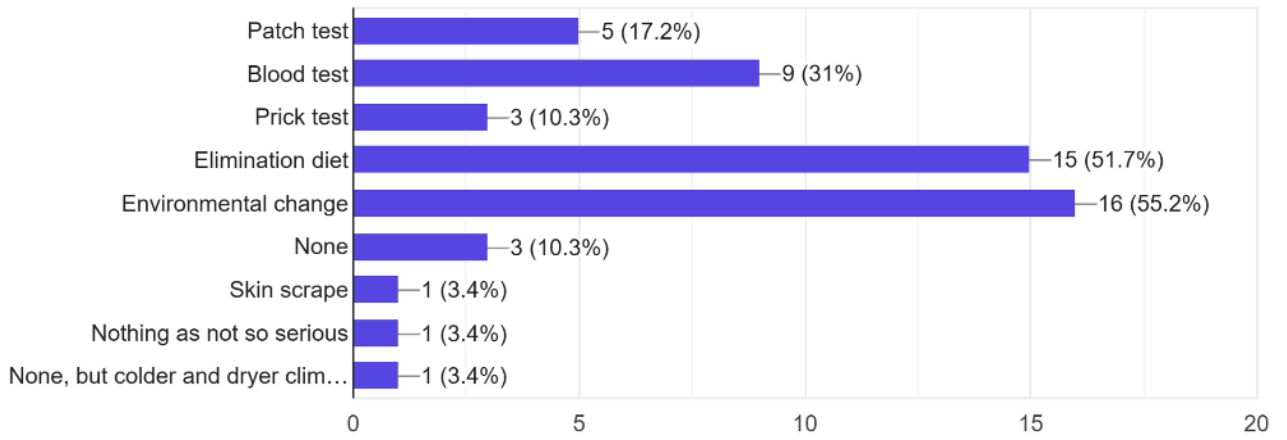
How many different doctors or specialists have you consulted regarding your skin?

30 responses



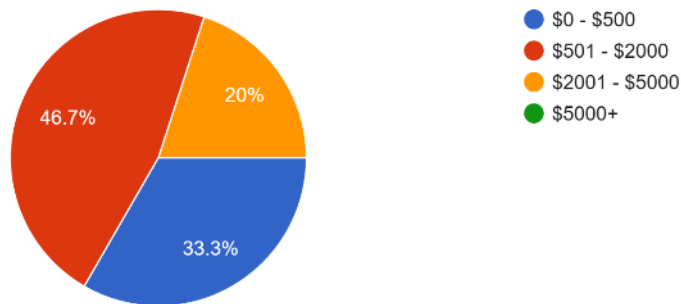
### Which of these tests have you done in order to identify your "root cause"?

29 responses



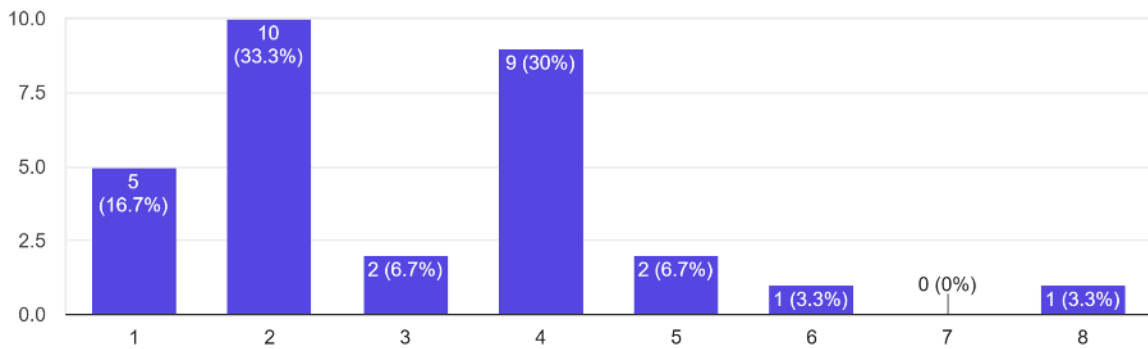
### On average, how much do you spend annually on eczema management (creams, meds, consults)?

30 responses



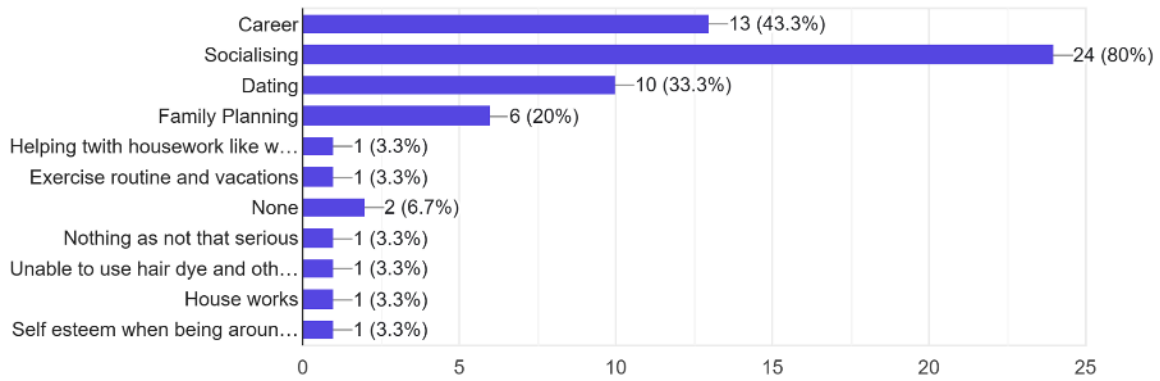
### During a flare-up, how many hours of sleep do you lose on an average night?

30 responses



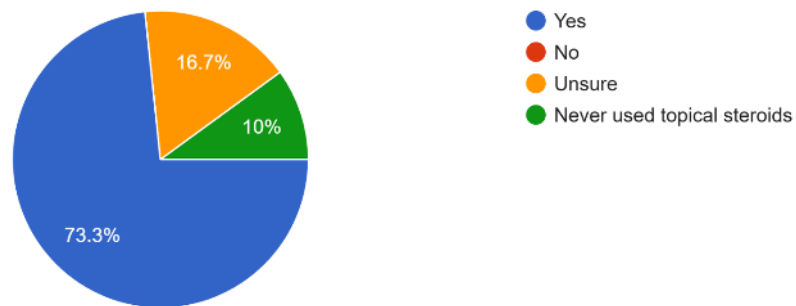
### Has your eczema ever impacted the following: (choose all that apply)

30 responses



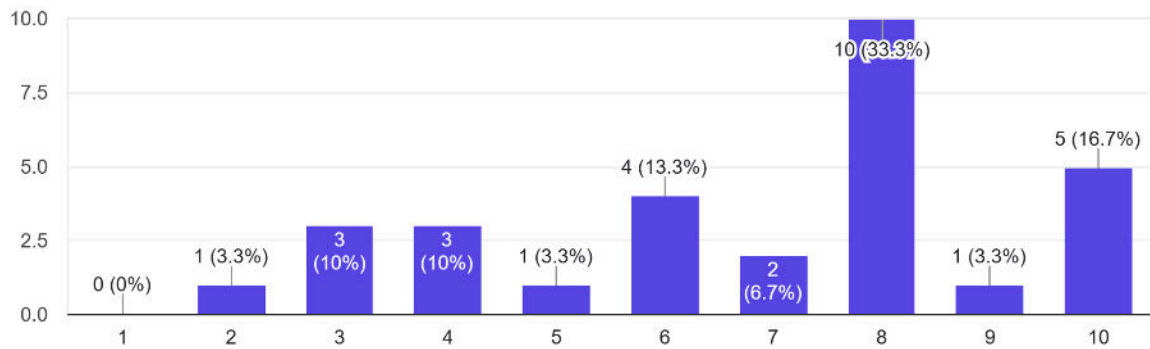
### Do you feel that long-term use of topical steroids has made your skin more sensitive or "thinner"?

30 responses



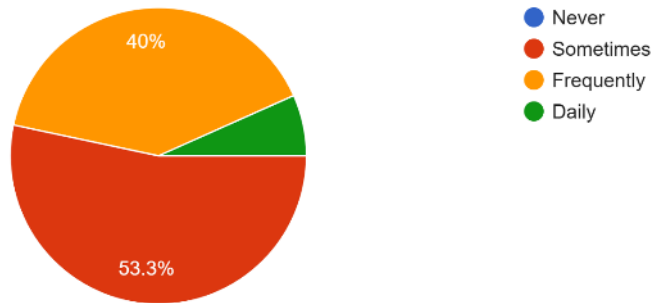
### On a scale of 1–10, how much does your skin condition affect your daily mental well-being?

30 responses



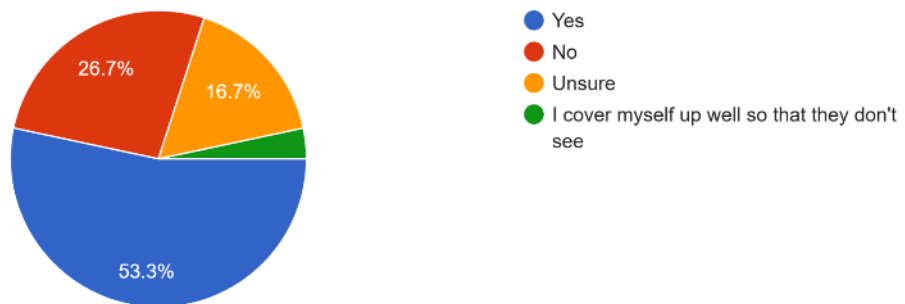
How often do you feel anxious about a future flare-up, even when your skin is currently clear?

30 responses



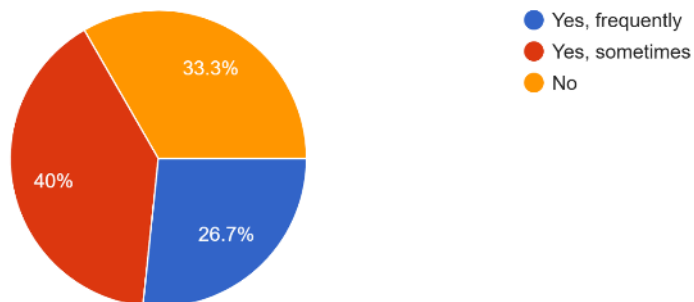
Have you ever felt "judged" or "pitied" by strangers because of your skin?

30 responses



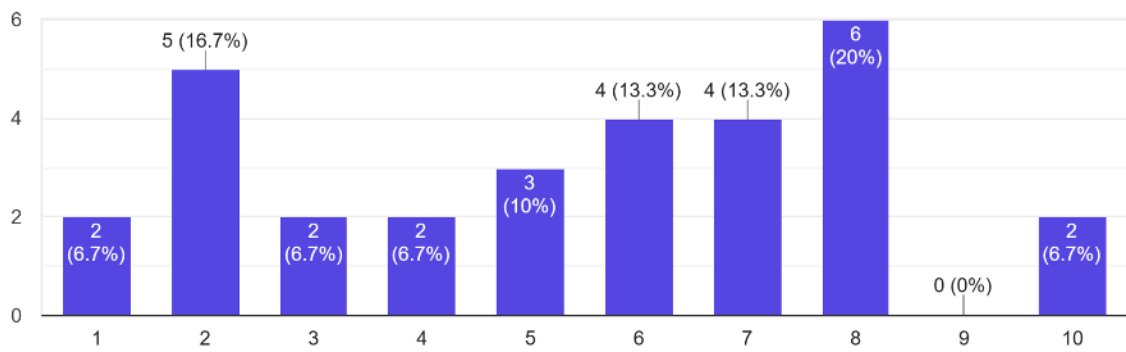
Have you ever avoided a social event, meeting, or date specifically because you were embarrassed by your skin?

30 responses



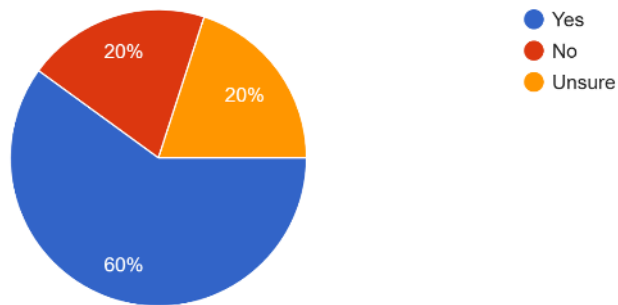
### How much has eczema changed the way you view your physical self?

30 responses



### Has your skin ever caused you to feel "less professional" or distracted at work?

30 responses



### Does managing your skin feel like a "second full-time job"?

30 responses

